

### Qualifying Requirements

Qualifying times must have been achieved between 16 December 2022 and 4 December 2023.

Short course qualifying times cannot be used.

## RELAYS

### Boys

Relays	12-18 Years	12-15 Years	12-13 Years
4x100m Freestyle	03:54.20		
4x100m Medley	04:21.50		
4x50m Freestyle	01:52.10	01:55.10	02:18.00
4x50m Medley	02:05.20	02:07.20	02:26.00

### Girls

Relays	12-18 Years	12-15 Years	12-13 Years
4x100m Freestyle	4:22.50		
4x100m Medley	4:48.80		
4x50m Freestyle	2:02.30	2:02.80	2:18.00
4x50m Medley	2:15.50	2:16.50	2:33.40

### Mixed

Relay	12-18 Years
4x50m Freestyle	2:10.35

### Boys

Stroke	Distance	Course	17-18 Yrs	16 Years	15 Years	14 Years	13 Years	12 Years
<b>FREESTYLE</b>								
<b>FREESTYLE</b>	50m	LC	27.15	27.46	27.88	28.83	30.27	33.16
	100m	LC	59.78	1:00.10	1:01.40	1:03.69	1:05.92	1:11.97
	200m	LC	2:08.53	2:11.11	2:13.90	2:18.73	2:22.89	2:36.76
	400m	LC	4:32.53	4:36.81	4:42.69	4:52.70	5:04.41	5:29.29
	800m	LC	9:27.21	9:32.79	9:47.77	10:09.89	10:46.48	11:23.07
	1500m	LC	17:58.39	18:21.37	18:40.71	19:18.83	20:28.36	21:37.89
<b>BACKSTROKE</b>								
<b>BACKSTROKE</b>	50m	LC						
	100m	LC	1:07.70	1:08.43	1:10.50	1:13.30	1:15.50	1:23.56
	200m	LC	2:23.33	2:27.61	2:31.99	2:38.13	2:46.04	2:55.53
<b>BREASTSTROKE</b>								
<b>BREASTSTROKE</b>	50m	LC						
	100m	LC	1:15.57	1:16.38	1:18.80	1:21.22	1:27.71	1:37.46
	200m	LC	2:43.58	2:45.32	2:50.50	2:55.69	3:09.75	3:22.05
<b>BUTTERFLY</b>								
<b>BUTTERFLY</b>	50m	LC						
	100m	LC	1:05.58	1:06.29	1:08.21	1:10.96	1:17.35	1:27.28
	200m	LC	2:26.13	2:29.26	2:32.41	2:38.18	2:47.67	3:14.56
<b>INDIVIDUAL MEDLEY</b>								
<b>INDIVIDUAL MEDLEY</b>	100m	LC						
	200m	LC	2:25.58	2:28.72	2:31.68	2:36.54	2:45.93	2:55.33
	400m	LC	5:09.06	5:15.74	5:21.70	5:30.29	5:50.11	6:13.23

### Girls

Stroke	Distance	Course	17-18 Yrs	16 Years	15 Years	14 Years	13 Years	12 Years
<b>FREESTYLE</b>								
<b>FREESTYLE</b>	50m	LC	30.47	30.79	30.82	31.33	31.92	32.31
	100m	LC	1:05.82	1:06.53	1:07.13	1:08.22	1:09.87	1:10.57
	200m	LC	2:24.42	2:25.18	2:27.24	2:28.60	2:31.58	2:33.10
	400m	LC	5:04.70	5:03.09	5:10.50	5:12.33	5:19.79	5:22.99
	800m	LC	10:13.43	10:13.97	10:26.44	10:38.75	10:47.63	11:07.05
	1500m	LC	19:43.06	19:50.98	20:03.38	20:24.87	20:42.60	21:19.88
<b>BACKSTROKE</b>								
<b>BACKSTROKE</b>	50m	LC						
	100m	LC	1:15.27	1:16.05	1:16.85	1:18.32	1:20.33	1:22.74
	200m	LC	2:41.64	2:43.34	2:44.84	2:47.40	2:51.64	2:55.08
<b>BREASTSTROKE</b>								
<b>BREASTSTROKE</b>	50m	LC						
	100m	LC	1:24.91	1:25.82	1:26.72	1:28.53	1:31.06	1:32.88
	200m	LC	3:02.80	3:04.76	3:08.12	3:11.69	3:16.78	3:18.75
<b>BUTTERFLY</b>								
<b>BUTTERFLY</b>	50m	LC						
	100m	LC	1:12.55	1:13.32	1:14.09	1:16.06	1:18.87	1:20.44
	200m	LC	2:41.52	2:43.26	2:46.00	2:50.43	2:55.73	3:02.75
<b>INDIVIDUAL MEDLEY</b>								
<b>INDIVIDUAL MEDLEY</b>	100m	LC						
	200m	LC	2:41.52	2:43.27	2:45.00	2:48.47	2:54.78	2:55.30
	400m	LC	5:32.24	5:46.41	5:39.38	5:48.64	5:57.24	6:07.96