

# 2023 VICTORIAN OPEN SHORT COURSE CHAMPIONSHIPS

19 – 20 AUGUST 2023

## QUALIFYING TIMES



**Qualifying Period: Times must have been achieved from 13<sup>th</sup> August 2022 until entry closing date.**

*Reverting back to pre-covid times, and remaining in line with our by-laws, 11yr olds and under will not be included as part of the 2023 Victorian Age or Open Short Course Championships. This age group was only included in 2022 due to the lack of the Short Course Competitions due to covid.*

**Unconverted Long Course times accepted.**

MEN	
Distance	OPEN
<b>FREESTYLE</b>	
50m	25.68
100m	55.85
200m	2:02.32
400m	4:22.34
800m	9:08.87
1500m	17:33.36
<b>BACKSTROKE</b>	
50m	30.33
100m	1:04.87
200m	2:21.74
<b>BREASTSTROKE</b>	
50m	33.22
100m	1:12.66
200m	2:40.39
<b>BUTTERFLY</b>	
50m	28.06
100m	1:01.73
200m	2:21.15
<b>INDIVIDUAL MEDLEY</b>	
100m	1:06.01
200m	2:23.42
400m	5:08.69

WOMEN	
Distance	OPEN
<b>FREESTYLE</b>	
50m	29.00
100m	1:02.42
200m	2:14.96
400m	4:46.48
800m	9:49.96
1500m	18:55.44
<b>BACKSTROKE</b>	
50m	33.75
100m	1:12.01
200m	2:36.08
<b>BREASTSTROKE</b>	
50m	37.55
100m	1:21.48
200m	2:56.28
<b>BUTTERFLY</b>	
50m	31.38
100m	1:09.54
200m	2:37.09
<b>INDIVIDUAL MEDLEY</b>	
100m	1:14.28
200m	2:37.42
400m	5:33.88

RELAYS	Men	Women	Mixed
4 x 50m Freestyle			2:02.50
4 x 100m Freestyle	4:01.50	4:26.80	
4 x 50m Medley			2:13.00
4 x 100m Medley	4:26.80	5:04.80	