2023 VICTORIAN AGE SHORT COURSE CHAMPIONSHIPS

1 – 3 SEPTEMBER 2023





Qualifying Period: Times must have been achieved from 1st September 2022 until entry closing date.

Unconverted Long Course times accepted.

Reverting back to pre-covid times, and remaining in line with our by-laws, 11yr olds and under will not be included as part of the 2023 Victorian Age or Open Short Course Championships. This age group was only included in 2022 due to the lack of the Short Course Competitions due to covid.

BOYS

Distance	17-18 Yrs	16 Years	15 Years	14 Years	13 Years	12 Years
FREESTYLE						
50m	26.16	26.40	27.11	27.58	28.54	30.20
100m	56.88	57.40	59.98	1:01.02	1:03.09	1:06.71
200m	2:04.59	2:05.72	2:11.38	2:13.65	2:18.18	2:26.11
400m	4:27.20	4:29.63	4:41.78	4:46.63	4:56.35	5:13.35
800m	9:19.03	9:24.11	9:49.52	9:59.69	10:20.02	10:55.59
1500m	17:52.86	18:02.62	18:51.38	19:10.89	19:49.90	20:58.18
			BACKSTROI	KE		
50m						
100m	1:06.05	1:07.23	1:08.41	1:11.35	1:14.89	1:20.20
200m	2:24.31	2:26.89	2:29.47	2:35.91	2:43.64	2:55.24
BREASTSTROKE						
50m						
100m	1:13.98	1:15.30	1:16.62	1:19.92	1:23.88	1:29.83
200m	2:43.31	2:46.22	2:49.14	2:56.43	3:05.18	3:18.30
BUTTERFLY						
50m						
100m	1:02.85	1:03.98	1:05.10	1:07.91	1:11.27	1:16.32
200m	2:23.72	2:26.28	2:28.85	2:35.27	2:42.97	2:54.52
INDIVIDUAL MEDLEY						
100m	1:07.21	1:08.41	1:09.61	1:12.61	1:16.21	1:21.61
200m	2:26.03	2:28.63	2:31.24	2:37.76	2:45.58	2:57.32
400m	5:14.31	5:19.92	5:25.53	5:39.56	5:56.40	6:21.66

RELAYS	TBC			
4 x 50m Freestyle				
4 x 50m Medley				
4 x 50m Freestyle MIXED				

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GIRLS

Distance	17-18 Yrs	16 Years	15 Years	14 Years	13 Years	12 Years
FREESTYLE						
50m	29.54	29.80	30.61	31.15	32.22	34.10
100m	1:03.58	1:04.16	1:07.05	1:08.20	1:10.52	1:14.56
200m	2:17.46	2:18.71	2:24.95	2:27.45	2:32.45	2:41.20
400m	4:51.79	4:54.44	5:07.70	5:13.01	5:23.62	5:42.19
800m	10:00.89	10:06.35	10:33.66	10:44.59	11:06.44	11:44.68
1500m	19:16.46	19:26.98	20:19.54	20:40.57	21:22.62	22:36.22
	BACKSTROKE					
50m						
100m	1:13.32	1:14.62	1:15.93	1:16.59	1:17.90	1:18.55
200m	2:38.92	2:41.75	2:44.59	2:46.01	2:48.85	2:50.27
BREASTSTROKE						
50m						
100m	1:22.96	1:24.44	1:25.92	1:26.66	1:28.14	1:28.88
200m	2:59.48	3:02.68	3:05.89	3:07.49	3:10.70	3:12.30
BUTTERFLY						
50m						
100m	1:10.81	1:12.07	1:13.34	1:13.97	1:15.23	1:15.86
200m	2:39.95	2:42.80	2:45.66	2:47.09	2:49.94	2:51.37
INDIVIDUAL MEDLEY						
100m	1:15.63	1:16.98	1:18.33	1:19.01	1:20.36	1:21.04
200m	2:40.28	2:43.15	2:46.01	2:47.44	2:50.30	2:51.73
400m	5:39.95	5:46.02	5:52.09	5:55.13	6:01.20	6:04.24

RELAYS	TBC			
4 x 50m Freestyle				
4 x 50m Medley				
4 x 50m Freestyle MIXED				